

# THE BARLEY MOW

## Longways for Three Couples

- A1      1-4      The first couple hands three with the second lady, circle left.  
          5-8      The first couple hands three with the second man, circle left.
- A2      1-4      The first couple cross over, move down one place, then  
                  dance a half figure of eight up through the second couple,  
          5-8      lead through the third couple and cast up one place.
- B1      1-4      The first lady hands three with the second couple – left.  
                  WHILE the first man hands three with the third couple – left.  
          5-8      Heys; The first lady heys with the second couple, passing the second man by the left.  
                  WHILE the first man heys with the third couple, passing the third lady by the left.  
                  First couple finish in the middle place, proper.
- B2      1-4      Hands six circle left half way, (4 steps) and back to the right.  
          5-8      The first and third couples do three changes of a right and left to progress  
                  WHILE the top couple right hand turn partner half way and back with the left.

## Notes:

A2 bars 1-4 is quick. For anyone having difficulty, I suggest they miss out the half figure of eight, then cross down through the third couple in bars 5-8.

B2 bars 5-8 have been changed from the original, to convert to a three couple set dance. The original triple dance had all couples doing the half Allemand and back.

See also The Apted book, dance No. 12 for a triple minor version.

## Original:

Barley Mow      Triple      Thompson 1779

*Hands round 3 with the 2<sup>nd</sup> Wo. \_\_\_*

*The same with the 2<sup>nd</sup> Man \_\_\_*

*Cross over & half figure \_\_\_*

*Lead thro' the bottom & cast up \_\_\_*

*Hands 3 round Man at bottom & the Wo. At top at the same time ==*

*Hey the same ==*

*Hands 6 half round & back again ==*

*Allemand half round and back again ==*